

# From Parish Social Ministry

## HOME ENERGY ASSISTANCE PROGRAM (HEAP)

Home Energy Assistance Program (HEAP) is a federally funded program designed to help low-income households meet the high cost of home energy. Both those who pay separately for heating costs and households whose heat is included in their rent may be eligible for a one time regular benefit. Additionally, households with a heating emergency may also be eligible for an emergency benefit and and/or a Heating Equipment Repair/Replacement (HERR) benefit. The HEAP year generally begins in mid-November and closes in mid-March or when the program funding is exhausted. A cooling component that assists medically needy households with the purchase of air conditioners may also be available during the warmer months. Most benefits are paid directly to the heating/utility vendor. The income guidelines and benefits amounts are subject to change on a yearly basis.

### How to Apply for HEAP

Applications for Regular HEAP may be submitted online at [myBenefits.ny.gov](http://myBenefits.ny.gov).

Applicants age 60 and over as well as those who are permanently disabled may apply for regular HEAP by mail to:

#### [Nassau County Office for the Aging](#)

60 Charles Lindbergh Blvd  
2nd Floor North Entrance  
Uniondale, NY 11553  
Phone 516-227-7386

All others (including applicants age 60 and over or permanently disabled, with an emergency) may apply in person or by mail to:

#### [EAC Inc.](#)

175 Fulton Avenue  
4th Floor  
Hempstead, New York 11550  
Phone 516-565-4327

Households currently receiving SNAP (formerly known as Food Stamps) or Temporary Assistance (cash benefits) should contact their worker at the Nassau County Department of Social Services.

You may be required to submit verification of your identity, residence, household income, household composition and your heating situation. Additional information may be required. While there is no resource test for regular HEAP, all households must have gross monthly income at or below HEAP income guidelines.

Applicants must be U.S. citizens or qualified aliens.